CHECK-IN WITH QUEEN’S!
Factors that Influence Student Success

• Entry Average
• Academic Preparedness
• Direction & Engagement with Academics
• Social Engagement
• Extra-curricular Involvement
• Resiliency
Supporting Student Success

• Managing transitions
• Regular communications to promote services and supports
  – Students
  – Families
• Residence Dons

94% Year 1-2 Retention Rate

89% Graduation Rate
Student Academic Success Services

[sass.queensu.ca](sass.queensu.ca), Stauffer Library

**What:** One-on-one coaching, drop-in workshops, extensive online resources and peer support.

**Get Help with:** Critical thinking, writing, problem-solving, time management, and learning strategies including how to read for university.
December Exam Prep

• Course-specific workshops and general prep drop-in sessions

• Topics include dealing with stress, efficient revision strategies, and multiple choice exam techniques

• November SASS calendar: sass.queensu.ca
Academic Support: Key Advice for Students

• Academic services are not remedial
• Go to class
• Go to professors’ office hours
• Go to academic advising
• Exploring your interests is part of university: it’s ok to change direction
• Peer Support – Bounce Back
Supporting Student Wellness

Student Wellness Services
queensu.ca/studentwellness

**What:** Health Services, Counselling Services, Accessibility Services, Health Promotion.

**Get Help With:** Medical appointments, counselling, referrals, group therapy, workshops, academic accommodations, and health education.
Supporting Student Wellness

Athletics and Recreation

gogaelsgo.com

What: Intramurals, Rec Clubs, Casual Rec, Fitness, Pool, Courts, Turf, and more!
Supporting Student Wellness and Safety

• Promoting safe and responsible use of alcohol

• City of Kingston bylaw enforcement

• Sexual violence consent education and support
Involved Parenting: What to Reinforce

- Planning for your exam schedule
- Course requirements and weighting
- Handing in everything
- Reading exam questions carefully
- Degree requirements, prerequisites, GPA requirements
- Prepping throughout the term
- Get involved
- Take care of your health. Eat well, get proper sleep, and exercise.
Career Services

careers.queensu.ca
Summer Job Search Info: 
careers.queensu.ca/students/looking-job/summer-jobs

Summer Work Experience Program (SWEP)
Over 150 campus summer jobs providing career-related skill building

Career and Summer Opportunities Fairs:
careers.queensu.ca/events-workshops

Online Job Board: careers.sso.queensu.ca (student net ID required)
Food on Campus

Hospitality Services
dining.queensu.ca

Dining Hall Menus:
dining.queensu.ca/todays-menus/

Hours of Operation:
dining.queensu.ca/hours-of-operations/
• Ban Righ dining hall open
  7:30am - 7:00pm, M-F
• 22 retail outlet hours span 7am -1am

Off-Campus Meal Plans:
dining.queensu.ca/offcampus-meal-plans/
Financial Aid

Student Awards

queensu.ca/studentawards

Apply for Ontario Student Assistance Program (OSAP):

osap.gov.on.ca

Apply for Queen’s Bursary Assistance via SOLUS

Upper-year Awards Info: queensu.ca/studentawards/financial-aid/queens-aid/upper-year-awards
Housing for Second Year

Student Community Relations
queensu.ca/studentcommunityrelations/home

• Finding compatible housemates
• Peer lease review
• Landlord and housemate conflict advice

Community Housing
community.housing.queensu.ca
Who is Here

Faculty and School Reps

Arts & Science:
    Jenn Stephenson

Commerce:
    Lori Garnier, Emily Hartley
    Elisa Mullins

Engineering & Applied Science:
    Mark Green

Nursing:
    Barb Bolton

Health Sciences:
    Jeanne Mulder

Student Affairs Reps

Office of the V-P and Dean:
    Ann Tierney, Jessica Whiting, Carlyn McQueen

Student Wellness Services:
    Fatima Couto and Monique Dube

Career Services:
    Carli Fink

Academic Success Services:
    Charly Foote

Residence Life:
    Kate Murray