**SEXUAL CONSENT?**

**POSITIVE**
Showing in words and actions that you **freely** agree to participate in a sexual activity.

Needs an **enthusiastic** YES, it must be **clear**.

**ONGOING**
Continuing to give permission throughout the sexual encounter. You can withdraw your consent at any time.

Consent is asking **every time** - an ongoing process of **giving** and **getting** permission.

**INFORMED**
Consent must be given by someone who is **willing** and able to express themselves coherently.

Consent must be **informed**. It is knowing the risks and benefits and choosing to proceed.

Consent is **wanting** to do something, not feeling like you have to or should do it.

**WHAT CONSENT ISN’T**
- Consent is NEVER implied. The absence of a NO is not a YES.
- Saying yes on one occasion doesn’t mean someone will say yes every time.
- People who are significantly impaired by alcohol or drugs, people who are asleep, unconscious, or otherwise unable to communicate, cannot consent.
- Saying yes to one act doesn’t mean someone has said yes to others. If the conditions of the act change, consent is no longer valid.
- Consent may be compromised by an existing power imbalance within a relationship.
- Silence is NOT consent.
- Consent cannot be obtained through coercion, psychological or emotional manipulation, physical violence, or threat.

**PUTTING IT IN PERSPECTIVE**

- **1 in 4 North American women** will experience **SEXUAL ASSAULT** during their lifetime¹
- **80%** of those cases will be perpetrated by someone they know

- **1 in 2 TRANSGENDER PEOPLE** are sexually abused or assaulted²

- **67%** DON’T UNDERSTAND what consent means³

- Almost all Canadians agree that sexual activity between partners should be consensual but

- **16.6%** of **QUEEN’S STUDENTS** reported experiencing sexual touching without their consent⁴

STEPS FOR STUDENTS TO TAKE AFTER A RECENT SEXUAL ASSAULT

Queen's is committed to providing non-judgmental sexual violence support and response.

1. **GO TO A SAFE PLACE**
   - For safety assessment and planning, call: Queen's 24hr Emergency Response Centre 613-533-6111 or 911

2. **SEEK MEDICAL ATTENTION**
   - For confidential services, call the Sexual Assault/ Domestic Violence Program, Kingston Health Sciences Centre (KHSC) Emergency Dept. – KGH Site 613-549-6666 Mon-Fri: 8am to 4pm
   - After hours call 613-548-3232, press 0 ask for the SV/DV nurse
   - Services include:
     - Emergency medical care
     - Testing and treatment for sexually transmitted infections, HIV, and pregnancy
     - Forensic evidence collection (including the Sexual Assault Evidence Kit).
   - Call or go to Health Services
     - Mitchell Hall, 1st floor
     - 69 Union Street
     - 613-533-2506

3. **GET SUPPORT**
   - To seek support contact
     - Barb Lotan, the Queen's University Sexual Violence Prevention and Response Coordinator for information and to review your options (referrals, accommodations, and filing a complaint)
       - bjl7@queensu.ca or 613-533-6330
     - Counselling Services
       - Mitchell Hall, 1st Floor
       - 69 Union Street
       - 613-533-2506
       - Ask for a referral to the Sexual Violence Counsellor
   - For peer support visit: AMS Peer Support Centre JUDC Rooms 26 and 34 613-533-6000 ext. 75111 or email psc@ams.queensu.ca
   - Information about additional resources can be found at queensu.ca/sexualviolencesupport

4. **EXPLORE OPTIONS**
   - To find out more about filing an internal complaint, contact:
     - Barb Lotan
       - Sexual Violence Prevention and Response Coordinator
       - bjl7@queensu.ca
       - Weekdays, daytime hours
       - 613-533-6330

   - To report directly to Kingston Police Services, contact:
     - 613-549-4660
   - Campus Security and Emergency Services:
     - can help with reports to Kingston Police
     - 613-533-6733