CHECK-IN WITH QUEEN’S!

For family members of first-year undergraduate students

November 5, 2018
Toronto Centre for the Performing Arts

Ann Tierney, Vice-Provost and Dean of Student Affairs
Factors that influence student success

- Entry Average
- Academic Preparedness
- Direction & Engagement with Academics
- Social Engagement
- Extra-curricular Involvement
- Resiliency
Supporting student success

• Managing transitions
• Regular communications to promote services and supports
  – Students
  – Families
• Residence Dons

94.8% Year 1-2 Retention Rate
86% Graduation Rate
Student Academic Success Services

sass.queensu.ca, Stauffer Library

**What:** One-on-one coaching, drop-in workshops, extensive online resources and peer support

**Get Help with:** Critical thinking, writing, problem-solving & time management skills, learning strategies, including how to read for university.
December Exam Prep

• Course-specific workshops, general prep drop-in sessions
• Topics include dealing with stress, efficient revision strategies, multiple choice exam techniques
• November SASS calendar: [sass.queensu.ca/events](http://sass.queensu.ca/events)

Webpage for parents and families: [sass.queensu.ca/parents/](http://sass.queensu.ca/parents/)
Academic Support: Key Advice for Students

• Academic services are not remedial
• Go to class
• Go to professors’ office hours
• Go to academic advising in Faculties and Schools
• Exploring your interests is part of university: it’s ok to change direction
• Peer Support – Bounce Back
Supporting Student Wellness

Student Wellness Services
queensu.ca/studentwellness
140 and 146 Stuart St.

What: Health Services, Counselling Services, Accessibility Services, Health Promotion

Get Help With: Medical booked and walk-in appointments, including evening clinics, counselling, referrals, group therapy, workshops, academic accommodations, peer health education

Webpage for parents and families:
queensu.ca/studentwellness/counselling-services/information-parents-0
Supporting Student Wellness

Athletics and Recreation

gogaelsgo.com

ARC and ARC South in Mitchell Hall (opening January)

What: Intramurals, Rec Clubs, Casual Rec, Fitness, Pool, Courts, Turf, and more!
Supporting Student Wellness & Safety

- Promoting safe and responsible use of alcohol
- Alcohol harm reduction strategies
- City of Kingston bylaw enforcement
- Campus cannabis policies: no smoking, vaping, growing, cultivating, distributing selling; limited possession
- Sexual violence consent education, support, policy
Involved Parenting: What to Reinforce

• Planning for exams, make a study schedule early
• Understand course requirements and weighting
• Handing in everything
• Reading exam questions carefully
• Degree Requirements, Prerequisites, GPA requirements
• Prepping throughout the term, not just before exams
• Get involved, but not too involved
• Positive steps to take if struggling or if midterms did not go as expected
Career and Job Supports

Career Services

careers.queensu.ca

Gordon Hall, 3rd Floor

Online Major Maps
for every program
Career and Job Supports

Summer Job search info:
careers.queensu.ca/students/looking-job/summer-jobs

Summer Work Experience Program (SWEP)
Over 150 campus summer jobs providing career-related skill building

Summer Opportunities Fair: ARC, Jan 22, 10:30-3:30

Engineering & Technology Career Fair: Grant Hall, Jan 23, 10:30-3:30
Employers hiring for summer, internships and post graduation

Online job board: careers.sso.queensu.ca (student net ID required)
Food on Campus

Hospitality Services

dining.queensu.ca
Victoria Hall EO22

3 Dining Hall menus:
dining.queensu.ca/todays-menus/

Hours of operation:
dining.queensu.ca/hours-of-operations/
  • Ban Righ dining hall: 7:30am-7:00pm, M-F
  • 22 retail outlet hours span 7am -1am

Off-Campus Meal Plans:
dining.queensu.ca/offcampus-meal-plans/
Financial Aid

Student Awards
queensu.ca/studentawards
Gordon Hall 125

Apply for Ontario Student Assistance Program (OSAP):
osap.gov.on.ca

Apply for Queen’s bursary assistance via SOLUS

Upper-year Awards info: queensu.ca/studentawards/financial-aid/queens-aid/upper-year-awards
Housing for Second Year

Student Community Relations
queensu.ca/studentcommunityrelations/home
JDUC 142A moving to Mitchell Hall in December

• Finding compatible housemates
• Peer lease review
• Landlord and housemate conflict advice

Community Housing
community.housing.queensu.ca
169 University Ave.
Faculties and Staff representatives

Faculties and Schools

**Arts & Science**
Dr. Johanne Bénard,
Sue Blake

**Commerce**
Lori Garnier,
Mandy Daniel
Elisa Mullins (Certif. in Business)

**Engineering & Applied Science**
Dr. Mark Green

Division of Student Affairs

**Office of the V-P and Dean:**
Ann Tierney, Ellie Sadinsky, Jessica Whiting

**Student Awards:** Teresa Alm
**Student Wellness Services:** Fatima Couto,
Tess Grant
**Career Services:** Josh Zettel
**SASS:** Ian Garner

**Community Housing:** Anne Brown
**Hospitality Services:** Jessica Bertrand,
Kim Gascoigne
**Residence Life:** Kate Murray
**Student Community Relations:** Joan Jones
Families and Supports webpage: queensu.ca/campuslife/parents

Monthly e-newsletter for families with students living in residence: residences.housing.queensu.ca/parents/campus-connection/

Information for families from the Office of the University Registrar: queensu.ca/registrar/information-parents-and-guardians

Information for families from the Division of Student Affairs: queensu.ca/studentaffairs/parents

Questions? Email: parents@queensu.ca

Check your student’s faculty/school website for information for family members!