2019–20 KEY DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov. 11</td>
<td>Remembrance Day (classes cancelled 10:30–11 am)</td>
</tr>
<tr>
<td>Nov. 29</td>
<td>Fall term classes end</td>
</tr>
<tr>
<td>Dec. 4–19</td>
<td>Final examinations</td>
</tr>
<tr>
<td>Jan. 6</td>
<td>Winter term classes begin</td>
</tr>
<tr>
<td>Jan. 10</td>
<td>Winter term tuition and SAL due</td>
</tr>
<tr>
<td>Jan. 31</td>
<td>Winter term residence fees due</td>
</tr>
<tr>
<td>Feb. 14</td>
<td>April exam schedules posted in SOLUS</td>
</tr>
<tr>
<td>Feb. 17</td>
<td>Family Day (classes will not be held)</td>
</tr>
<tr>
<td>Feb. 18–21</td>
<td>Reading Week</td>
</tr>
<tr>
<td>Apr. 3</td>
<td>Winter term classes end</td>
</tr>
<tr>
<td>Apr. 10</td>
<td>Good Friday (University closed)</td>
</tr>
<tr>
<td>Apr. 9–25</td>
<td>Final examinations period</td>
</tr>
</tbody>
</table>

FINANCIAL AID

At Queen’s we recognize that a university education is a financial investment in our students’ future. We’re here to help. For more information, visit: 
queensu.ca/students/awards/financial-aid/queens-aid

Work Study Program
Students with demonstrated financial need have the opportunity to receive priority for certain part-time jobs during their studies.

General Bursary
Non-repayable grant available to students in all years of study who have a demonstrated financial need.

Government Student Aid
Canadian citizens and permanent residents may qualify for federal and/or provincial government student financial assistance through their home province.

Short-Term Loan
Designed to assist students who are experiencing a temporary financial emergency.

Emergency Assistance
Available for students experiencing financial strain due to circumstances beyond their control.

INFORMATION FOR PARENTS & FAMILIES

queensu.ca/parents has answers to the most common questions, keeps you informed about key dates and deadlines, and promotes services and supports that are available to your student.

Can’t find what you’re looking for? Email parents@queensu.ca

FINANCIAL AID

VERIFICATION OF ENROLMENT

A snapshot of a student’s current or past registration status at Queen’s.

The online Verification of Enrolment form replaces the post-secondary section of many agency forms (if applicable). The Verification of Enrolment form is created using an authorized logon protocol, therefore, a university signature and/or seal is NOT required.

The online Verification of Enrolment form replaces the post-secondary section of many agency forms (if applicable). The Verification of Enrolment form is created using an authorized logon protocol, therefore, a university signature and/or seal is NOT required.

Students can generate the form via the SOLUS Student Centre. For more info and step-by-step instructions visit:

queensu.ca/registrar/verification-enrolment
CAREER SERVICES

5 Things to Do in First Year

1. Check Out the Major Maps
   Use these maps to get an overview of what each major offers to help make an informed decision when choosing a major, and to make choices about how to build skills and experience.

2. Come to Drop-In Career Advising
   Speak with a career counsellor, no appointment needed!
   Discuss a variety of topics including choosing a major, job search strategies, how and where to get experience on campus, and much more!

3. Create a Resume
   Attend a 50-minute “Ramp Up Your Resume” workshop to understand and use key strategies for building a resume that stands out.
   Book a 1-on-1 “Cover Letter or Resume Appointment” to get individualized feedback.

4. Visit the Summer Job Fair
   Meet employer representatives looking to hire students for summer work.

5. Attend Arts & Science Majors Night
   Arts and Science students can attend Majors Night and speak with students and advisors about the various major options.
   Thursday, February 27, 4-7pm

@mycareerqueensu

STUDENT COMMUNITY RELATIONS

Off-Campus Living Support

Leases
Most Kingston student leases will be joint and several. Co-tenants are responsible for any housemate’s unpaid rent or damages.
Rent in Kingston can range from $550 to $850 per person/month plus utilities. Leases are almost exclusively for 12 months. Don’t count on income from a summer sublet; the demand for temporary summer housing is low.

Insurance
Most rental contracts will require your student to have liability insurance. Check with your own insurance company to see if your student is covered. Confirm if coverage depends on the number of housemates.

Securing Housing
Students do not need to secure housing before the end of first term. New housing listings will be available until March.
It is OK if a student does not know their housemates by November. Students often find great housing with friends they have yet to meet.

queensu.ca/studentcommunityrelations

BADER INTERNATIONAL STUDY CENTRE

Queen’s University is the only university in Canada where all students can complete a semester of studies overseas in a historic 15th century castle in East Sussex, UK.
All Queen’s students have the opportunity to study at the Castle for a full year, a semester, or for a short-term summer program. The Castle’s academic programs are interdisciplinary in nature and offer impactful experiential learning opportunities utilizing the local area, London, and many major European cities.

queensu.ca/bisc
We are committed to providing a safe, welcoming environment for everyone that uses the university facilities. We follow a community-based approach in dealing with incidents on campus and our main goal is the safety of our students, faculty, staff, and visitors. To achieve this goal, we conduct comprehensive investigations and provide services and training opportunities for the Queen’s community.

Don’t forget to download the free SeQure App:
queensu.ca/studentaffairs/student-safety/sequre

AMS HEALTH & DENTAL
The Health and Dental plan is a service provided by the Alma Mater Society to fill the gaps in provincial health care.

WHAT’S COVERED?

Health Benefits
- Prescription drugs
- Vaccinations
- Psychologists
- Physiotherapists and more...

Vision Benefits
- Eye exam
- Eyeglasses and contact lenses
- Laser eye surgery

Dental Benefits
- Checkups
- Cleanings
- Fillings
- Root Canals
- Extractions and more...

Travel Benefits
- Travel Health coverage (120 days per trip, up to $5,000,000 per lifetime)
- Trip cancellation and interruption in the event of a medical emergency

Studentcare Networks
Get additional savings when visiting Dental, Vision, Psychology, Chiropractic, and Physiotherapy Network Members.

Studentwellness & Access Healthcare
We support students’ physical, mental, and sexual health. Our team includes physicians, nurses, mental health practitioners, specialized mental health support by referral, and occupational therapists.

Work with an Accessibility Advisor
Students can create an academic accommodation plan that meets their disability-related needs.

Access Healthcare
Located in the Côté Sharp Student Wellness Centre and the Gregory David and Neil Rossy Health Promotion Hub on the main floor of Mitchell Hall, our interdisciplinary team of health care providers and professional staff offers a range of student-focused services and programs to support health and wellness.

Work with a Counsellor
Students can work one-on-one, or join a group. We offer therapy, skill-building, support, and drop-in groups, as well as access to 24/7 services including phone, video, e-counselling, and Therapy Assistance Online (TAO).

Go to a Health Promotion Workshop
Students can learn about topics such as stress management, healthy eating and sleep, or substance-related harm reduction strategies. Students can also get involved by volunteering as a peer health educator!

queensu.ca/studentwellness
@queensubewell

CAMPUS SECURITY AND EMERGENCY SERVICES
We are committed to providing a safe, welcoming environment for everyone that uses the university facilities. We follow a community-based approach in dealing with incidents on campus and our main goal is the safety of our students, faculty, staff, and visitors. To achieve this goal, we conduct comprehensive investigations and provide services and training opportunities for the Queen’s community.

Don’t forget to download the free SeQure App:
queensu.ca/studentaffairs/student-safety/sequre
MEAL PLAN
Students who live in residence have a Meal Plan that offers diverse food options in our all-you-care-to-eat dining halls.

19 Meals Per Week
• All-you-care-to-eat at students’ choice of 3 dining halls
• Students receive 19 new meals every Monday at 12:01am

Trade A Meal (TAM)
• ‘Trade-in’ a dining hall meal to be used in any Hospitality Services retail location.
• TAMs are not additional meals on top of your dining hall meals; they add flexibility, allowing you to eat outside the dining hall at our 23 Hospitality Services retail locations.
• Trade up to 200 dining hall meals for designated TAMs, up to a maximum of 4 per day.

Flex $
• Students receive $150 of flex money per academic year.
• Flex $ can be used to purchase retail snacks, or for adding to a TAM.
• Flex $ can be added to one’s student card at any time and in any denomination.

dining.queensu.ca/av-meal-plans

MANAGING DIETARY NEEDS
We know it can be hard for students to manage food in a new place and we're here to help. Students can book an appointment with our Registered Dietitian at dining.queensu.ca to discuss how we can accommodate their dietary needs across campus.

We strive to support the dietary needs of all students, however, not all campus foods are prepared in an allergy-free facility. We encourage students to speak with a chef or dining manager to learn about safe dining options.

ATHLETICS AND RECREATION
A healthy body develops a healthy mind.

That’s the philosophy behind Queen’s Athletics and Recreation. Almost 80 per cent of our student population is active in sports or recreational activities on campus.

Students can join an intramural team, work out with friends, or participate in one of our many recreational clubs or fitness and wellness programs to keep active. Students interested in competitive or high-performance sports can try out for one of our varsity teams or clubs. At Queen’s, students have a multitude of physical activities to choose from and enjoy!

All Students are ARC Members
Every full-time student has a membership at the ARC that they can access and enjoy through their student card. Work out. Swim. Play. It’s your ARC.

Sports Fan?
Even students who are not aspiring athletes can spend time unwinding while cheering the Gaels to victory. Tickets to all regular season home games are FREE for students and available online with their Queen’s student card.

gogaelsgo.com

@Queensfood
@queensgaels
@queensarc
Q GIFTS

We know it can be hard for your student to be away during the school year, especially if they are celebrating a key milestone.

Stay connected with QGifts! You can make their day by sending them a care package, birthday cake, good luck on exams, or a ‘thinking-of-you’ gift. Schedule them at different times during the school year.

What can you order?
We have a perfect variety of items that come fresh to order from our bake shop and more:

- Cakes
- Exam Baskets
- Study Boxes
- Fruit Baskets
- Flex Dollar top-ups
- and much more online!

dining.queensu.ca/qgifts

Q SUCCESS

Connections. Community. Success.
Students can:
- Be partnered with a knowledgeable upper-year mentor
- Meet peers and connect with the campus community
- Learn to balance the academic and social demands of university

Get more info at:
queensu.ca/studentexperience/q-success

FOUR DIRECTIONS
INDIGENOUS STUDENT CENTRE

We strive to be a home away from home for Indigenous students. In keeping with the teachings of the Four Directions we aim to support students mentally, physically, emotionally, and spiritually through the following, and more:

Cultural Counsellor
Indigenous Advisor
Tutoring and academic skill building
Cultural events and programming
Study and lounge space
Feasts
A full kitchen and laundry services

@fdisc
queensu.ca/fourdirections

QUEEN’S READS

A common reading program for the Queen’s community.

Students can join us throughout the year for:
- An author visit
- Discussion groups
- Events focused on resiliency, diversity, and inclusion

Find out how you can get a free copy at:
queensu.ca/studentexperience

A common reading program for the Queen’s community.

Students can join us throughout the year for:
- An author visit
- Discussion groups
- Events focused on resiliency, diversity, and inclusion

Find out how you can get a free copy at:
queensu.ca/studentexperience
INFORMATION TECHNOLOGY SERVICES (ITS)

The IT Support Centre is the first point of contact for faculty, staff, and students with ITS. We provide support for the services offered through ITS.

We provide our services through:
- Call Centre
  By phone: (613) 533-6666 during regular business hours
- Online Help Form
  24 hours a day. Requests will be responded to during regular IT Support Centre hours
- Walk-in & Drop-off Depot
  Mackintosh-Corry Hall, Rm B205 (on Student Street across from the cafeteria)
- On-site
  Schedule a visit to your office on campus

Learn more about the ITS Support Centre at:
queensu.ca/its/itsc
Find out about ITS services
queensu.ca/its/services

CAMPUS BOOKSTORE

The Campus Bookstore is a not-for-profit corporation who endeavours to distribute required course material at the lowest possible price to students, while operating a comprehensive university bookstore for the Queen’s community.

Our Students Have Options
Students can go to campusbookstore.com and do a textbook search to find all available formats (new, used, electronic).

Regular Hours:
Mon-Fri: 9 am to 6 pm,
Sat: 10 am to 5 pm
@queensbookstore
fifthfieldcompany.com

GETTING TO AND FROM KINGSTON

Kingston has an airport, train station, and bus station to help students commute to and from home.

Approximate Driving Time

<table>
<thead>
<tr>
<th>Distance</th>
<th>Destination</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 hr</td>
<td>Kingston to Ottawa</td>
</tr>
<tr>
<td>2.5 hr</td>
<td>Kingston to Toronto</td>
</tr>
<tr>
<td>3 hr</td>
<td>Kingston to Montreal</td>
</tr>
</tbody>
</table>

Tricolour Express
Bus service specifically created with student needs in mind. The bus departs directly from campus.
- Stops located throughout campus
- Travel to Ottawa, Montreal, Toronto, or directly to the Toronto Airport
- Other destinations also available during peak travel times

KINGSTON

Kingston has a ton to offer! There is lots to see and do in and around the downtown area set alongside Lake Ontario. Anywhere you go in downtown Kingston – and on campus – you’re only minutes from the waterfront.

visitkingston.ca

Queen’s Campus Map
queensu.ca/campusmap
ADDITIONAL STUDENT SUPPORT SERVICES

Ban Righ Centre
32 Bader Lane, 613-533-2976
banrighcentre.queensu.ca
The Centre welcomes women of diverse backgrounds and all ages, especially those returning to university after a time away, and offers community, personal, practical, and financial support.

Community Housing
169 University Ave., 613-533-2501
community.housing.queensu.ca
University-owned off-campus student rental property management and host of a local landlord listing service for available student rental units.

Faith and Spiritual Life
Mitchell Hall, 69 Union St., 613-533-2186
queensu.ca/faith-and-spiritual-life
Provide confidential, spiritual, and religious counselling for students and staff from all backgrounds. Visit the website for bios and more information.

Office of the University Registrar (OUR)
Gordon Hall, 1st Floor, 74 Union St., 613-533-2040
queensu.ca/registrar
The OUR’s walk-in reception provides help with student cards, transcript orders, fees, and awards.

Queen’s University International Centre (QUIC)
Mitchell Hall, 69 Union St., 613-533-2604
quic.queensu.ca
QUIC provides an informal gathering place for the international members of the Queen’s community to network and receive non-academic advice.

Residences & Residence Life
Victoria Hall, Lower Level, 75 Bader Lane, 613-533-2529
residences.housing.queensu.ca
Professional and student staff provide peer support, counselling, educational programming, and community building with a commitment to fostering an inclusive and respectful environment.

Sexual Violence Prevention & Response Coordinator
Barb Lotan
B502 Mackintosh-Corry Hall in the Human Rights Office, 613-533-6330
bjl7@queensu.ca
Barb is the central contact for reviewing options and connecting students with the services they are comfortable with. She coordinates education, response, support, training, and prevention initiatives.

Student Academic Success Services (SASS)
Stauffer Library, Main Floor, 101 Union St., 613-533-6315
sass.queensu.ca
Professional writing and learning support, general and discipline-specific academic skills workshops, and English as an Additional Language (EAL) support.

Student Experience Office (SEO)
JDUC, The Well, 87 Union St., 613-533-2539
queensu.ca/studentexperience
Offers orientation, transition, community engagement, and leadership programming.

For information and resources for parents, please visit: queensu.ca/parents and queensu.ca/studentaffairs/parents
Queen’s University is situated on the traditional lands of the Haudenosaunee and Anishinaabe peoples.