

# STEPS FOR STUDENTS TO TAKE AFTER A RECENT SEXUAL ASSAULT



Queen's University is committed to providing non-judgmental sexual assault support and response. Sexual assault is any type of unwanted sexual activity. Queen's encourages survivors to reach out for support and offers the following steps as options to consider.

## HOSPITAL ACCOMPANIMENT OPTIONS

**SEXUAL ASSAULT CENTRE KINGSTON**  
613-544-6424 (Crisis Line 24/7)

**SEXUAL HEALTH RESOURCE CENTRE**  
613-533-2959  
Mon-Fri (9:30 am-9:30 pm)  
Sat/Sun (10 am-4 pm)

## GO TO A SAFE PLACE

For safety assessment and planning, call **Queen's 24hr Emergency Response Centre** 613-533-6111 or 911

## 24/7 CRISIS AND SUPPORT LINE

**Sexual Assault Centre Kingston**  
613-544-6424

## SEEK MEDICAL ATTENTION

For confidential services, call the **Sexual Assault/Domestic Violence Unit, Kingston General Hospital (KGH)** 613-549-6666 ext.4880 24/7

Ask for the SA/DV nurse  
Call immediately for STI prevention and care for injuries or  
Within 12 days for medical evidence collection

## FOR MEDICAL EVIDENCE COLLECTION, TRY NOT TO:

- shower, bathe or use the washroom prior to medical exam,
- change, wash or destroy clothing,
- clean up the scene.

## GET SUPPORT AND EXPLORE OPTIONS

For confidential support, assistance, safety planning, reporting options, advocacy, liaison, counselling, supporting documentation for academic accommodations, and referral to campus and community resources, contact **Counselling Services** 613-533-6000 ext. 78264

## REPORTING OPTIONS

### FORMAL REPORTING

**KINGSTON POLICE SERVICES**  
613-549-4660

### CAMPUS SECURITY AND EMERGENCY SERVICES

can help with reports to Kingston Police  
613-533-6733

### UNIVERSITY CONDUCT SYSTEM

Ombudsman  
ombuds@queensu.ca  
613-533-6495

### INFORMAL REPORTING

### HUMAN RIGHTS OFFICE

hrights@queensu.ca  
613-533-6886

## PROFESSIONAL COUNSELLING OPTIONS

### Counselling Services

LaSalle Building  
146 Stuart Street  
613-533-6000 ext. 78264

Ask for an appointment with a counsellor; indicate it is a crisis related to sexual assault

### Residence Outreach Counsellors

Freeman Woolnough  
freeman.woolnough@queensu.ca

Nadia Sawaya Fehr  
nadia.sawayafehr@queensu.ca

### Faculty Outreach Counsellors

Ashley Vanstone (Graduate Studies)  
grad.counsellor@queensu.ca

Joanne Roston (Engineering)  
eng.counsellor@queensu.ca

Marissa Piribauer (Commerce)  
marissa.piribauer@queensu.ca

Sarah Horsford (Education)  
educ.counsellor@queensu.ca

Janet Roloson (Medicine)  
counselling.services@queensu.ca

## UNIVERSITY COMMITMENT TO SURVIVORS

### All individuals who have experienced sexual assault can expect to:

- Be treated with compassion, dignity, and respect;
- Be provided with timely safety planning assistance;
- Be informed about on and off-campus support services and resources available to them;
- Be provided with non-judgmental and empathetic support;
- Be provided with academic accommodations as appropriate;
- Determine whether and to whom they wish to disclose or report their experience; and
- Be the integral decision-maker in situations pertaining to them.