

# WE'RE HERE TO HELP



## EMERGENCY SERVICES 24/7/365

Fire-Police-Ambulance

**911**

Queen's Emergency Report Centre

**613-533-6111**

## QUEEN'S CAMPUS SUPPORTS

Campus Security – non-emergency or general inquiries 24hrs

**613-533-6733**

Campus Observation Room (COR), Leonard Hall, Basement 008

**613-533-6911**

For students who have had too much to drink

Sept–Nov & Jan, Fri & Sat, and Orientation Week, Homecoming, Halloween, St. Patrick's Day

Faith and Spiritual Life, 210 Mitchell Hall

**613-533-2186**

For confidential, multi-faith support and guidance

AMS Peer Support Centre, JDUC Rooms 34 and 26

**613-533-6000**

Mon–Fri 10:00am–10:00pm

ext 75111

SGPS Graduate Peer Support Centre, JDUC Room 205

**613-533-2233**

Mon–Fri 10:00am–12:00pm

Student Wellness Services, Mitchell Hall

**613-533-2506**

- **Medical and Mental Health Services:** Mon–Fri, call or go to [queensu.ca/studentwellness](https://queensu.ca/studentwellness) for hours
- **TAO:** 24/7 Online Self-Help Mental Health Resources – [queensu.ca/studentwellness/TAO](https://queensu.ca/studentwellness/TAO)

Walkhome

**613-533-9255**

Student-run safety service

Sun–Wed, 7:00pm–2:00am and Thurs–Sat, 7:00pm–3:00am

## COMMUNITY-BASED SUPPORTS

Addiction and Mental Health Services Kingston Crisis Line 24hrs

**613-544-4229**

Good2Talk: Post-Secondary Student Mental Health Helpline 24hrs

**1-866-925-5454**

Lesbian, Gay, Bisexual & Transgender Youth Line Sun–Fri 4:00pm–9:30pm

**1-800-268-9688**

Telephone Aid Line Kingston 7:00pm–3:00am

**613-544-1771**

Telehealth Ontario: Medical Advice 24hrs

**1-866-797-0000**

## IF YOU EXPERIENCE SEXUAL VIOLENCE

Barb Lotan, Mac-Corry Room B502

**613-533-6330**

Queen's Sexual Violence Prevention and Response Coordinator

[bjl7@queensu.ca](mailto:bjl7@queensu.ca)

Mon–Fri for support, information, and to review your options

- Go to a safe place. Call **Queen's Emergency Report Centre** or **911** for safety assessment and planning

**613-533-6111**

- Seek medical care, STI and pregnancy prevention, and evidence collection  
**Kingston Health Sciences Centre Emergency Dept. – KGH Site**

**613-549-6666**  
ext 4880

Ask for the Sexual Assault/Domestic Violence (SA/DV) Nurse

- Contact **Sexual Assault Centre Kingston** for 24/7 crisis support

**613-544-6424**

- Call **Student Wellness Services** for counselling support and assistance

**613-533-2506**