WE’RE HERE TO HELP

Amidst the current COVID-19 pandemic, with most offices functioning remotely, please use the following emails and phone numbers when reaching out for support.

EMERGENCY SERVICES 24/7/365

Fire-Police-Ambulance ................................................................. 911
Queen’s Emergency Report Centre ............................................. 613-533-6111

QUEEN’S CAMPUS SUPPORTS

Campus Security (non-emergency or general inquiries) 24hrs .......................... 613-533-6733
Faith and Spiritual Life ................................................................. chaplain@queensu.ca
AMS Peer Support Centre .......................................................... peersupport@ams.queensu.ca
SGPS Graduate Peer Support Centre ............................................ sgps.ca/graduate-peer-support-centre/

Student Wellness Services ......................................................... 613-533-2506
• Health and Counselling Services: Mon–Fri, call or go to queensu.ca/studentwellness for hours
• TAO: 24/7 Online Self-Help Mental Health Resources queensu.ca/studentwellness/TAO
• Empower Me: 24/7, 365 support for students in crisis 1-844-741-6389

Walkhome .................................................................................. 613-533-9255
Student-run safety service

COMMUNITY-BASED SUPPORTS

Addiction and Mental Health Services Kingston: Crisis Line 24hrs .................. 613-544-4229
Good2Talk: Post-Secondary Student Mental Health Helpline 24hrs ................... 1-866-925-5454
Lesbian, Gay, Bisexual & Transgender Youth Line Sun–Fri 4:00pm–9:30pm .......... 1-800-268-9688
Telephone Aid Line Kingston 7:00pm–3:00am ............................................. 613-544-1771
Telehealth Ontario: Medical Advice 24hrs ............................................... 1-866-797-0000

IF YOU experience SEXUAL VIOLENCE

Queen’s Sexual Violence Prevention and Response Coordinator .................. bjl7@queensu.ca
Barb Lotan
Mon–Fri for support, information, and to review your options

• Go to a safe place. Call Queen’s Emergency Report Centre or 911 .................. 613-533-6111
for safety assessment and planning

• Seek medical care, STI and pregnancy prevention, and evidence .................. 613-549-6666
collection at the Kingston Health Sciences Centre Emergency Dept. – KGH Site ext. 4880
  • Ask for the Sexual Assault/Domestic Violence (SA/DV) Nurse
    Mon-Fri 8am–4pm: 613-549-6666 ext 4880
    After hours: 613-548-3232 press 0

• Contact Sexual Assault Centre Kingston for 24/7 crisis support .................. 613-544-6424

• Call Student Wellness Services for counselling support and assistance ........... 613-533-2506