

COVID-19 Student Prevention Checklist

Important Things to Review

Review KFL&A Public Health (kflaph.ca) and the University (queensu.ca/covidinfo) COVID-19 Websites

Update your SOLUS account with:

- Current address
- Cellphone number
- Emergency contact

Complete the Know Your Student Household COVID-19 Plan worksheet, available on queensu.ca/studentcommunityrelations

Read the Off-Campus Student Living Guide, available at: queensu.ca/studentcommunityrelations

Important Prevention Things to Do

- Practice physical distancing and good hand hygiene
- Have a mask or face covering and know how and when to wear it
- Download the SeQure App (queensu.ca/security/services/sequire-app)
- Know the symptoms of COVID-19. Go get tested if you have symptoms or think you have been exposed. For a full list of symptoms, visit the KFL&A Public Health website (kflaph.ca)
- Get vaccinated for COVID-19
 - Find a vaccine clinic (kflaph.ca/en/healthy-living/covid-19-vaccine.aspx)
 - If you have received a shot outside of Ontario, you can register it with KFL&A Public Health (kflaph.ca/en/healthy-living/immunization-records.aspx)
- Follow KFL&A Public Health guidelines for hosting and attending gatherings (kflaph.ca/en/healthy-living/covid-19-frequently-asked-questions.aspx)
- Get an annual flu shot