Housemate Conflict?

Conflict is normal. Navigating conflict is a skill!

Have an Issue? Can you deal with it right away?

Yes

Can you talk face-to-face?

No

Park the issues until you have time for a face-to-face conversation. Even the best-intentioned notes on bedroom doors, texts, or social media can feel hurtful or offensive.

Yes

Choose a quiet private place and make sure you have enough time for a discussion.

No

Ready to talk?

Can you agree?

Yes

Use “I” Statements Don’t interrupt!

I feel irritated when I see piles of dirty dishes, because I waste money on takeout when I can’t cook.

Or

I feel upset when I get woken up by loud music because I have early training for varsity sports.

No

You did it!

Try mediation:
Student Community Relations can help: scr@queensu.ca

Be Proactive:
Housemate agreements are a great way to set ground rules around cleaning, guests, noise & common spaces.

Learn More: https://www.queensu.ca/studentcommunityrelations/home