General Description:

Peer Health Educators (PHEs) coordinate, plan, and facilitate a variety of health promotion initiatives and health education campaigns which are implemented online and on campus. The program is comprised of topic teams ranging from: healthy eating and cooking, sexual health, substance use, physical activity (running), financial literacy, rest & relaxation, and mental health. PHEs also help connect students with appropriate resources and supports on campus.

Peer Health Educator (PHE)

Job Description

Overview

Given the positive connection between health and academic achievement, Health Promotion within Student Wellness Services (SWS) at Queen’s University aims to facilitate the adoption and maintenance of health enhancing behaviours among students.

Peer Health Educators contribute to this goal by:

* Providing accurate and current health information to students using a variety of strategies
* Assisting in the design and development of health promotion materials
* Conveying credible information to students about health resources & supports on campus

Desired Qualities

* Interest in healthy lifestyle practices
* Confident in ability to present relevant health information to a group of students
* Able to approach and speak to students about relevant health issues
* Comfortable working independently and in groups
* Willing to work in a collaborative environment

Job Duties & Responsibilities

TRAINING AND MEETINGS

* Attend and actively participate in group training sessions (Two to three days in September 2021 and a half-day in January 2022)
* Participate in bi-weekly team meetings
* Attend additional professional development opportunities as requested

TOPIC TEAMS

* Participate in regular topic team meetings and events
* Help plan, design, and deliver relevant outreach for designated health topic area including developing social media content
* Communicate progress on tasks with team members and team leader
* Participate in and support collaborations with other topic teams

CAMPUS OUTREACH

* Participate in organized campus-wide outreach and promotional events—either online or in-person, and will vary depending on the pandemic and local public health guidelines
* Campus outreach involves signing up for shifts in advance, as well as picking up last minute shift requests
* Peers are required to actively prepare outreach, which could include facilitating workshops and booths (based on incoming requests & availability)

GENERAL TASKS

* Create and maintain an inclusive environment for all PHEs
* Track all shifts and hours
* Complete evaluation forms related to topic team, workshops and outreach events
* Complete mid-year peer to peer evaluations & on-going skills assessment
* Discuss problem/concerns with Team Leaders and Coordinator as they arise