

Immunization Recommendations

Welcome to Queen's University!

This document provides post-secondary students with information regarding immunization recommendations.

Before coming to Queen's, we recommend you **review your immunizations, using the chart below, with a primary healthcare practitioner** to help ensure you have taken all recommended steps to protect your health during your studies.

Queen's Student Wellness Services (SWS) is located on campus in Mitchell Hall (first floor, Cote Sharp Student Wellness Centre, room 109). We support the personal, academic, and social health development of students by providing a range of programs and services. SWS aims to offer a welcoming, confidential, and integrated service that is responsive to your health and wellness needs.

You are welcome to book an appointment once you arrive to campus, to receive any needed vaccinations. Please call 613-533-2506 or drop in. Bring your Queen's student card and valid health insurance card (OHIP, UHIP, etc.) to all appointments and appointment bookings.

Immunization Self Checklist

Immunizations	Received (yes or no)
Meningococcal Quadrivalent (A, C, Y, W-135)	<input type="checkbox"/>
Meningococcal Sero B	<input type="checkbox"/>
Measles, Mumps, Rubella (MMR)	<input type="checkbox"/>
Tetanus, Diphtheria, Pertussis (Tdap)	<input type="checkbox"/>
Varicella	<input type="checkbox"/>
Hepatitis A	<input type="checkbox"/>
Hepatitis B	<input type="checkbox"/>
Human Papillomavirus (Gardasil - 9)	<input type="checkbox"/>
Polio	<input type="checkbox"/>
Pneumococcal	<input type="checkbox"/>
Influenza (annual)	<input type="checkbox"/>
COVID - 19	<input type="checkbox"/>

NOTE: this checklist is for personal use, and not required to be submitted

For more information, visit queensu.ca/studentwellness/

Vaccine Recommendations

Vaccine	Ontario Schedule Recommendations	Publically Funded	Important information
Meningococcal Quadrivalent (for A, C, Y, W-135 strains)	One dose in grade 7 Booster dose at 16-18 years old	Yes No	There are several different types of meningococcal bacteria. The most common types in Canada are B, C, Y and W-135. Meningitis diseases are rare; however, living in close quarters with others, such as in student housing, can increase the risk of transmission of this disease. Bacterial meningitis causes swelling of the fluid surrounding the brain and spinal cord and can lead to severe permanent disabilities such as hearing loss, brain damage, seizures and even death.
Meningococcal Sero B	2 doses, 1 month apart	No	Meningitis B is highly contagious with a 1 in 10 mortality rate. Post-secondary students are at increased risk of acquiring this strain, and there have been increased cases of meningitis in our region. It is strongly recommended that all students get vaccinated for Men B.
Measles, Mumps, Rubella (MMR)	2 doses as a child or 2 doses 28 days apart as an adult	Yes Yes	Adolescents and adults born in 1970 or later should receive two doses of the MMR vaccine or have a blood test to confirm immunity. There have been several outbreaks of measles and mumps in Canada with the majority of mumps cases reported among young adults.
Tetanus, Diphtheria, Pertussis (Tdap)	Received as a child Booster dose at 14-16-years	Yes Yes Yes	We strongly recommend you receive the adolescent vaccine, with a cellular pertussis component, if you have not already received it. Adolescents and adults are often the source of pertussis infection for infants and young children. It is estimated that 10 to 20 per cent

	Booster dose every 10 years		of adolescents and adults in Canada are at risk of becoming infected with pertussis because protection from childhood vaccinations against pertussis decreases with time.
Varicella	2 doses as a child or 2 doses as an adult if not immune	Yes Yes	All university and college students who have not had chickenpox as a child, or without other evidence of immunity, should receive this vaccine. Adults who become infected with chickenpox are at higher risk of serious side effects.
Hepatitis A	As directed by a primary care provider	Yes	This vaccine may be recommended if you are travelling to certain destinations. This vaccine is free of charge for men who have sex with men, IV drug users and persons with chronic liver disease.
Vaccine	Ontario Schedule Recommendations	Publically Funded	Important information
Hepatitis B	2 doses in grade 7	Yes	Hepatitis B is a virus spread through contact with blood or body fluids of an infected person. All students should ensure they have received a full series of Hepatitis B immunizations. In Ontario, you may have received this vaccine in grade seven. Students from other provinces and countries may have received this vaccine at birth. If you have never received this vaccine, or have not completed a full series, it is strongly recommended you do so.
Human Papillomavirus (HPV) Gardasil 9 – covers 9 strains of HPV	3 doses for those over 15 years old	No	The HPV vaccine is recommended for individuals ages 9-26 to protect against this virus that can cause cancer of the cervix, penis or anus, as well as genital warts. Routine cancer screening should continue according to your health care provider's recommendations.
Polio	Immunization as an infant	Yes	It is recommended the Polio vaccine is given to children under the age of 5, as they are at higher risk of infection.
Pneumococcal	Immunization as an infant	Yes	The Pneumococcal vaccine protects against invasive pneumococcal disease, common in

			very young children, elderly and immunocompromised individuals.
Influenza (Flu)	Annually in the late fall, early winter	Yes	This vaccine can help reduce the incidence and/or severity of the long-lasting respiratory illnesses, including the flu, which circulates each year on campus. Flu vaccine clinics usually run in late-fall/early-winter on campus, and in the Kingston community, based on vaccine availability.
COVID-19 (Coronavirus)	As directed by a primary care provider	Yes	Queen's University strongly encourages all members of the campus community to get vaccinated against COVID-19. Along with public health measures such as frequent hand hygiene and use of face coverings, vaccination is the most important step you can take to protect yourself, each other, and our community.

NOTE: Vaccines not publically funded may be covered by other supplementary insurance plans (e.g., Queen's AMS and SGPS Supplementary Health and Dental Plan covers 80% of the cost)