

To the Person on the Other Side of the Mirror: What Do You See?

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WARNING:

Reflections in this mirror may be distorted based on societal constructions.
You see what I don't understand is how we allow one image to cause so much destruction.

To the person on the other side of the mirror.
I see you.
I feel you.
I hear you.
I am you.
You are only a reflection of what you allow yourself to see.
Take another look until you finally see what you could actually be,

To the person on the other side of the mirror.
I acknowledge you, for you.
Your reflection is merely composed of your perception.
You live in a world where everyone tries to tell you how to look, how to act, what to do, who to be.
But my challenge for you is to look in that mirror until you finally set yourself free.
Look into that mirror and tell me what you see.

As Raw as You Are.
To be raw is to look in that mirror and fall in love with every flaw.
As Brave as You Are.
To stand by what you believe in is to be brave, even if it's the last thing you take to your grave.
As Afraid as You Are.
To have the guts to be afraid, to look into the mirror despite your fears and know that you stayed.
As Strong as You Are.
To be strong through every battle and every obstacle, to remember that in your vocabulary there is no such word as impossible.
As Humble as You Are.
To be humble is understanding that your empathy will be your legacy.
As Weak as You Are.
To be weak doesn't mean that you'll never be back at your peak.
As Beautiful as You Are.
To embrace your divine inner and outer beauty as your sole duty.
As Honest as You Are.
To be honest is to prove wrong every false promise.
As Proud as You Are.
To be proud of every moment you stay standing, to remember that the possibility of your achievements is always expanding.
As Simple as You Are.
To embody simplicity is to redefine your authenticity.
As Hurt as You Are.

To understand that it is okay to be hurt but it is never okay to give up and dessert.
As Stubborn as You Are.
To remind yourself to keep an open mind because you never know what you may find.
As Complicated as You Are.
To own every bit of complexity and remember that who you are is your destiny.
As Vulnerable as You Are.
To remember that being vulnerable doesn't make it okay for someone to make you feel uncomfortable.
As Human as You Are.
To remember that all of humanity will forever be your family.
As Free as You Are.
To be free is to start living your life without strife on the count of one...two...three.
As Glorious as You Are.
To be glorious is to remember despite every failure, you are still victorious.
As Gorgeous as You Are.
To remember that it is more than just your reflection because you are a one of a kind selection and there is no such thing as perfection.
As Giving as You Are.
To remember that giving is the ultimate gift of living.
To live with no regrets, to never forget, to always reflect.
To forgive because tomorrow is not guaranteed.
To love unconditionally like it's the only thing you'll ever need.

Look into that mirror and tell me what you see.
Is it a collection of reflections?
Now tell me, does each one get affection?
Have an ulterior connection?
Promise me that you'll never look in that mirror and accept rejection
The beauty of your aura lies within your protection
Your love for yourself is the infection that will guide you to overcome every feeling of defection,
to point you in the right direction.
Just remember that you are the creator of your own reflection.