

Looking after the kids

Keeping the kids occupied is hard at the best of times, keeping them occupied when you are all at home and you still want to progress in your degree is harder still. Good news there are many resources available to you both within Queen's and externally.

Queen's Departments Are Here To Help

- Division of Student Affairs – [Students with Children](#)
- Queen's Psychology Clinic - [Facebook live events](#).
- Faculty of Education
 - [Dr Lynda Colgan tweeting](#) an activity each day.
 - [Inspiring your child to learn and love math](#)
- CFRC 101.9FM - Tales and Stories for Young Listeners every Sunday at 10am with former Principal, Daniel Woolf
- Office of Faith & Spiritual Life - [Zoom Crafternoons every Wednesday at 2pm](#)
- The Agnes From Home - [explore digital archives, watch videos and more](#)

Local, Provincial & National Resources.

- Science Rendezvous Kingston - [tweeting daily activities](#)
- Discover the Universe - [online astronomy courses](#)
- Reading Rockets - [activities to improve reading](#)
- PopSugar - [daily book readings](#)
- America Museum of Natural History - [videos on dinosaurs and fossils](#)
- MediaSmarts.ca – [ideas for parents](#)
- PBS kids for parents – [parenting during Covid-19](#)

Resources for Learning at Home

- [A list of resources from the government of Canada \(multi-language\)](#)
- [Funding for parents to buy materials for home learning](#)
- [Free downloads for exercises to do at home to practice handwriting](#)
- [Therapy and Occupational products to help kids with motor skills](#)

Mental and Emotional Support for Parents and Kids

- ["How to Explain Coronavirus to a Child with Anxiety"](#)
- [Stress Reducing Tools for Kids](#)
- [Reducing your worry about screen-time while at home](#)

Educational and Fun Apps for Kids

- [A list of fun and easy handwriting apps for kids](#)
- [Article offering information on difficulty with handwriting and motivation](#)
- [Fun and interactive app for kids to learn elements and the periodic table](#)
- [A fantastic series of apps for kids \(and adults\): puzzles, storytelling, physics, motor skills, memory, logic](#)
- [Prodigy](#) (Math learning platform) is a fantastic game for learning Math. You can get free access from your kid's school. But, the membership is worth it as well.
- [Free French e-books for kids](#)
- [Phonics and Comprehension](#)